

Take the **Flu Express**



Take advantage of this quick and easy way to protect you and your family by getting your seasonal flu shot.

“Flu Express” will be available between 10:00 am and 4:00 pm at the **Bermuda National Sports Centre Pavilion, 65 Roberts Avenue, Devonshire**

Monday, 18 and Tuesday, 19 December



The Flu Express is for persons 10 years and older. The cost is \$10.00 per shot for adults and children. SENIORS (65 AND OLDER) ARE FREE. For more information please call 278-6460.

Please remember to dress comfortably to allow the nurse easy access to the injection site in the upper arm. Please have the correct amount of cash ready as credit/debit card facilities will not be available. **Only the flu shot will be given.**

FREE SHUTTLE SERVICE FOR SENIORS
(Leaves City Hall at 10:15 am and every half hour until 3:15 pm.)

Be Wise This Flu Season...*Get Immunized!*



GOVERNMENT OF BERMUDA
Department of Health