

DO YOU HAVE A BREASTFEEDING FRIENDLY WORKPLACE?

Check the criteria that your workplace adapts.

POLICY

- ✓ Breastfeeding policy in place
- ✓ Staff made aware of breastfeeding policy

FLEXIBILITY

- ✓ Hours / breaks provided for Breastfeeding or expressing
- ✓ Able to leave work to breastfeed baby or Work From Home
- ✓ Baby welcome to attend workplace to breastfeed
- ✓ Mother is allowed to use vacation time for maternal leave

ACCOMODATION

- ✓ Room/Privacy for breastfeeding or expressing
- ✓ Safe milk storage area (fridge/freezer for expressed milk)

LEAVE

- ✓ Maternity Leave (at least 13 weeks and less than 16 weeks)
- ✓ Maternity Leave (16 weeks or more)
- ✓ Paternal leave for 1 year continuous work
- ✓ Paternal leave for less than 1 year continuous work

If you can check more than 5 of the above email nutrition@gov.bm for your Breastfeeding friendly badge today.

